



Drop in Program Details

Important Reminder: When attending the Family Connections Parent Link Centre we ask that you bring a clean pair of shoes to change into. If we need to leave the building in a hurry, there will not be time to find and put on your shoes. In order to help keep our play area clean we will not allow wet, muddy/snowy shoes in the main room.

Kid's Corner: Tuesday afternoons, 1:30-3:00; Join us for this afternoon, relaxed, drop in group for parents and children free of charge (Birth – 5). Our afternoon program is a little quieter than the morning program.

Meet Me in the Park: Wednesday mornings, 10:30-12:00; Come join us and visit a different park throughout the summer. Bring suntan lotion, hats, water and snacks and something to sit on. Older children are welcome. Call Vivian at 403-275-6666 ext. 242 for more information.

- **July 5:** Huntington Hills Elementary School 820-64 Ave NW (Huntington Hills) (bus # 2, 4 or 5). The Recreation Coordinators will be on site to do activities with elementary school aged children, 6 years and older.
- **July 12:** 1237 John Laurie Blvd. N.W. (Edgemont Dr. & John Laurie Blvd. N.W. (bus # 77, 129, 120, 97, 105 & 154)
- **July 19:** Beddington Heights School 95 Bermuda Road. NW (Beddington) (bus # 146). The Recreation Coordinators will be on site to do activities with elementary school aged children, 6 years and older.
- **July 26:** St Henry Elementary School 7423 10 St. NW (Huntington Hills) (bus # 2).

Please note: if the weather is not OK we will not have an alternative program. You can call Tracey at 403-275-6666 ext. 276 the day of if you are not sure the program is running or check our Facebook page. Log on Facebook and search Family Connections Parent Link Centre

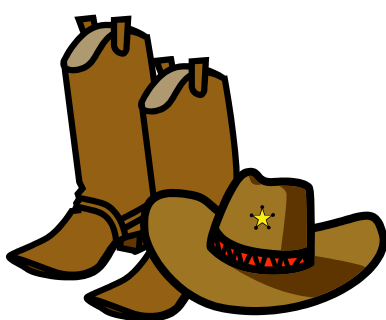
Summer Drop-In Play & Fun: Thursday mornings, in July and August, 10:00-11:30; Join us in the Parent Link room this program is suitable for all ages 6yrs. and under. We will have fun with some summer and open-ended crafts, water table play, and make room for some of our special games and puzzles as well as our regular toys. We will end our program with a short song time.. Please note this program will not run on July 27th come and join us at the Teddy Bear Picnic and Aug. 31st as we will not be running drop in programs.

Annual Teddy Bear Picnic “Happy Birthday Canada”: Thursday morning, July 27, 10:00-11:30 am

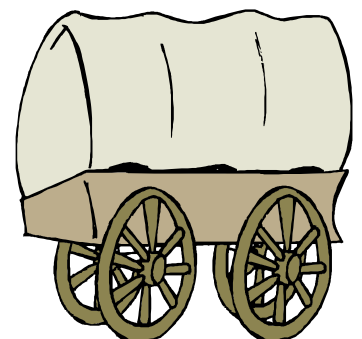
Bring your favorite furry friend for games, crafts, snacks & stories. This year's theme is “Happy Birthday Canada”. There will be a Teddy Doctor, bounce house, as well as information on community resources and what to do this summer. Plus, we have invited some special guests so don't forget your camera!
Some activities are outdoors so bring your sunscreen, sunhat and bug spray.

This event is at the Beddington Pentecostal Church West (Main) Campus, 16 Bermuda Drive NW. Parking is only available in the London Drug's /Safeway Parking lot.

This is a partnership with Beddington Pentecostal Church, Family Connections Parent Link, Building Strong Families & North Central Family Support Program. For more information call 403-275-6666 ext. 235.



Huntington Hills
Community
Association Stampede
Breakfast
July 15
9:00-11:00





Registered Program Details

Pre-School Fun in the Sun (for children 3-5 years): Thursday mornings, July 6-20, 10:30-11:30: Come join us! For the first half hour as we explore playing outdoors with an introduction to simple games and songs. The 2nd half will be play-time at the Park. Wear clothes to get dirty and prepare for being in the sun (hat, sunscreen and bug spray). Come join us at the green space across from the community centre. Call Tracey at 403-275-6666 ext. 276 to register starting June 8, you need to commit to all 3 weeks.

Super Summer Storytime with Judith Umbach Library: Tuesday mornings, July 4, 11, 18 & 25, 10:30-11:30 and Tuesday mornings, August 8, 15, 22 & 29, 10:30-11:30. Families can register for one program only, choose either July or August and plan to attend all 4 sessions. Come join us with the Calgary Public Library where children and parents will share songs, rhymes and stories in this interactive circle program. To register call 403-275-6666 ext. 276 starting June 13 for both programs.

Family Evening Fun with Ready Materials to Colour: Thursday evenings, July 13 & 20 and August 24 & 31, 6:30-7:30; This program is best suited for children age 2.5 -6 years. The first 20 minutes the kids will play, the last 40 minutes the kids will colour with their family. Siblings are welcome if you have someone to help them. For more information contact Vivian at 403-275-6666 ext. 241. To register for this program please contact Tracey at 403-275-6666 ext. 276 starting June 27. Please register for one time only (Your choice)

1-July 13 colour your Stamped bandana

2-July 20 colour your wood mask

3-August 24 color your fun bag

4-August 31 color your mug

Mealtime Struggles to Mealtime Success: Monday morning, July 17, 10:00-12:00 noon; Do you have questions about your child's eating? Learn how to create a positive mealtime environment, introduce new foods and how to cope with mealtime struggles. Taught by a AHS dietitian, this class is for parents and caregivers with children 1 - 5 years of age. Call 403-275-6666 ext. 276 to register for the workshop and childcare.

***Field trip visit to Fire Engine 23:** Friday morning, July 14, 10:30-12:00; Come and join us for this literacy adventure as the children put on their fire hats, put on their coats, and let their imaginations soar! The New Adventures of Engine 23 at the downtown Calgary Public Library between This program helps children play and pretend together, learn life-saving fire safety tips, and create their very own Engine 23 adventures. Of course, this includes lots of fun and interactive play with Engine 23! The Read with Engine 23 program will get children talking, singing, reading, writing, and acting out stories as well as introduce them to some real-life heroes of our community. For more information please call Amina at 403-275-6666 ext. 241 Registration for the program is between July 4 and July 10, please call Tracey to register at 403-275-6666 ext. 276.

Summer Barbeque: Wednesday evening, July 19, 6:00-7:30 pm Let's get together and celebrate summer fun with activities and food. Please register with Tracey at 403-275-6666 ext. 276 between June 21 and July 14 at 4:00 pm. There are limited spaces, this event is for families who currently attend our programs. If you would like to have a vegetarian burger this must be requested when you sign up.

Parent Support (Over the Summer): Come speak with me about parenting issues or concerns regarding children. Please call 403-275-6666 ext. 235 to set up a time to meet or speak on the phone.

Upcoming August Registered Programs

***Picnic in the Park (At Rotatory Park):** Friday morning, August 11, 10:30-12:00; Meet us at Rotary Park 617 1 St. N.E.), we will be having a day at the park. Please bring your suntan lotion, hats, water, snacks and something to sit on. Older children are welcome. Rotary Park is located on the hill north of Memorial Drive and east of Centre Street in Calgary's north-east and contains an off-leash area, accessible playground and spray park. For more information please call Amina at 403-275-6666 ext. 241 Registration for the program is between July 20 and August 9, please call Tracey to register at 403-275-6666 ext. 276.

Let's Noodle Do (For parents of children 3-5 years): Wednesday afternoon, August 16, 1:30-2:30; Come and join us for this interactive group where we will introduce you to some games and activities that build trust, boost imagination, and gives parents tools to help their children's brain development. Registration for this program will start on July 26. To register for this program please call Tracey at 403-275-6666 ext. 276.

Feeding My Baby: Monday morning, August 21, 10:00-12:00 noon; Are you getting ready for your baby to start solid foods? Then this class is for you! A AHS dietitian will answer your questions about what to feed first, textures, and other topics related to feeding your baby in the first 12 months. Babies are welcome. Call 403-275-6666 ext. 276 to register.